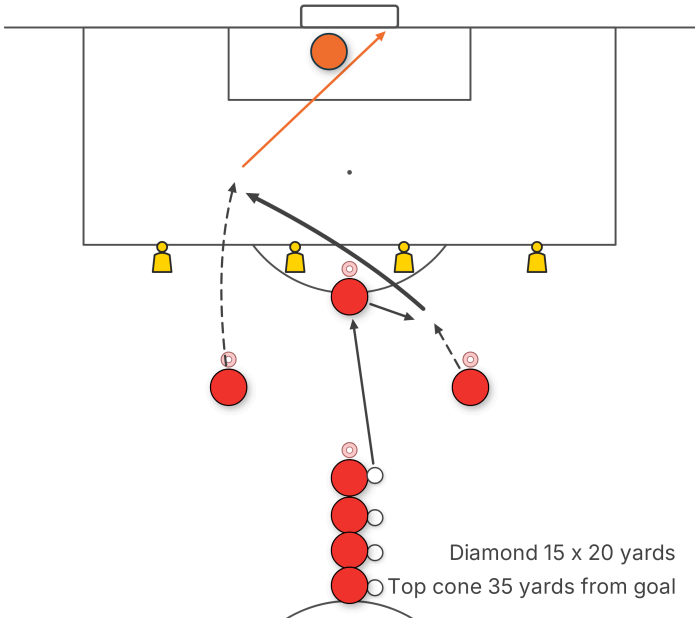
ATTACKING · ATTACKING THIRD

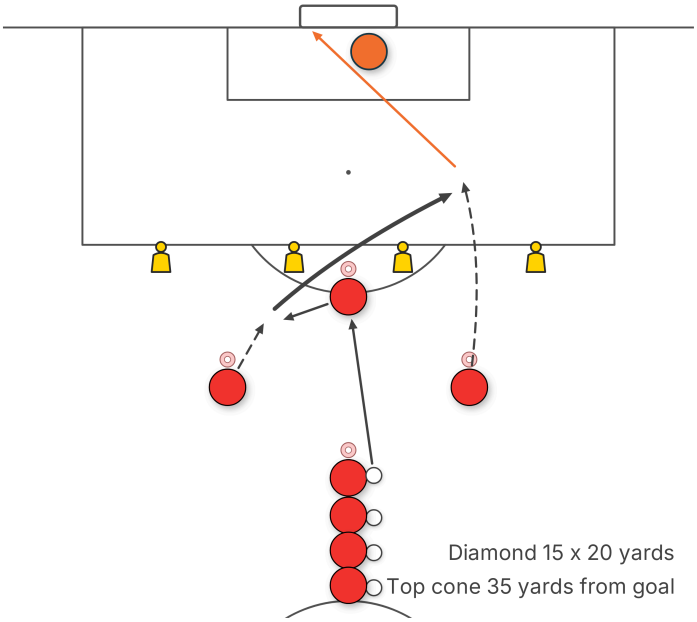
DIAMOND FINISHING PATTERN

Combine, run in behind and finish

1 · RUN FROM THE LEFT



2 · THE OTHER DIRECTION



SPACE	PLAYERS	SETS	WORK	REST	TOTAL
15x20 yds	6+ (incl. GK)	4	4 min	1 min	19 min

SETUP

One player on each cone of the diamond. The rest wait in a line behind the top cone, each with a ball. The goalkeeper is in goal.

FOCUS TEAM'S OBJECTIVE

Combine quickly through the diamond, then time the run in behind to score.

RULES

The top player passes into the bottom player. The bottom player lays it off to the right player, who comes inside to receive. At the same time, the left player runs in behind, between the mannequins. The right player plays the through ball and the runner finishes. Rotate: follow your pass. Top goes to bottom, bottom goes to right, right goes to left. The scorer collects a ball and joins the line at the top.

KEY COACHING POINTS

- Timing of the run: start the run as the lay-off is played, not before.
- Weight and angle of the through ball: play it into the runner's path so they can finish without breaking stride.
- Quality of the lay-off: firm, on the ground and onto the receiver's front foot.
- Technique of the finish: head over the ball, strike through the middle and pick a corner.
- Quality of the finish: hit the target first time. Make the keeper work.

POSSIBLE VARIATIONS

- Perform it in the other direction: the right player runs in behind and the left player comes inside to play the through ball.

Diamond Finishing Pattern · © 2026 Coaching Football