# PLAN YOUR NEXT SESSION

One objective. Connected exercises. An observable response.

## 1 WRITE THE RESPONSE YOU WANT

When _____ happens in a game,

I want _____ to _____

I will recognize it when _____

## 2 MAKE EACH ACTIVITY CONTRIBUTE

**Prepare** _____

**Repeat** _____

**Connect** _____

**Play** _____

## 3 ACCOUNT FOR THE WHOLE GROUP

Players: _____ Groups and roles: _____

One more player: _____

One fewer player: _____

## 4 MAKE THE START CLEAR

- ☐ Area, bibs, balls and the next setup are ready.
- ☐ Players know the format, scoring and essential rules.
- ☐ Show the unusual rule in one short demonstration.
- ☐ Check that players cannot win while avoiding the objective.

## 5 PLAN THE WORK, RECOVERY AND COACHING

Work round: _____ Recovery: _____

One point for the next round: _____

## 6 WATCH, THEN IMPROVE THE PLAN

What should happen without my prompts? _____

What will change next time? _____

Difficulty (1-10): _____ Enjoyment (1-10): _____